



# YOGA

*Haven*  
K E T A N A K  
YOGA AND SPA

## WEDNESDAY

7.00 - 8.00am : **Morning yoga**  
6.00 - 7.30pm : **Ashtanga yoga**

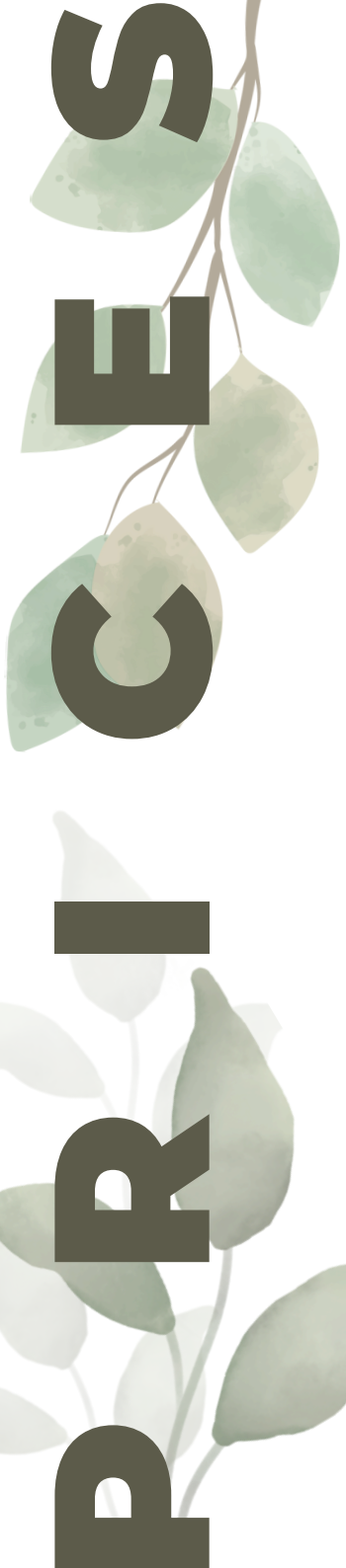
## THURSDAY

12.30 - 1.30pm : **French Vinyasa yoga**  
6.00 - 7.00pm : **Vinyasa yoga**

## FRIDAY

9.00 - 10.00am : **Morning yoga**  
6.00 - 7.00pm : **Yin yoga**





# YOGA



**1ST CLASS FREE**  
*if you live in Siem Reap*

**GROUP CLASS**

1 hour \$ 8

**PRIVATE CLASS**

1 hour \$ 45

**@MANONYOGAUNION**

+855 (0)77 806 128

AT KETANAKSPA.COM



*Faven*  
**K E T A N A K**

YOGA AND SPA

